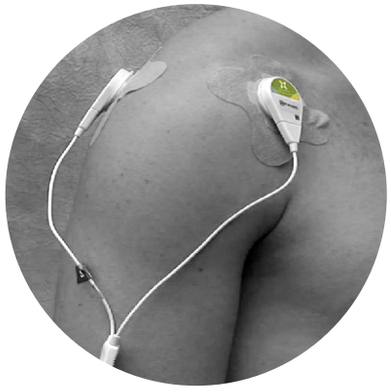
Placement Protocol

ELBOW

KNEE

ANKLE



SHOULDER

UPPER BACK

LOWER BACK

sam® Placement:

- Always consult user manual when applying **sam**® therapy
- **sam**® bandages are single-use only
- Place **sam**® coupling bandage over the injured area
- Actual bandage placement may vary depending on the condition and/or injury
- **sam**® may be applied utilizing one or two applicators
- Do not overlap **sam**® coupling bandages when applying two applicators
- Do not apply the **sam**® coupling bandages on a boney protrusion
- Additional **sam**® coupling gel may be added if necessary

Placement Protocol

sam® is an ultrasonic diathermy device that provides a therapeutic solution that aids in the recovery process. **sam**®'s intended use is to provide therapy to both acute and chronic conditions. Proper placement of applicator/bandage and adherence to treatment regime will ensure the user's successful recovery.

Treatment Regime

General Guidelines

sam® should be used multiple times per week

RECOMMENDED APPLICATIONS

4 times per week minimum

ACUTE CONDITIONS

See chart below

CHRONIC CONDITIONS

See chart below

Continuous and daily use of **sam**® ultrasound therapy is not contraindicated.

Dosage Calibration

Begin the use of **sam**® with incremental treatments to gauge patient sensitivity to treatment.

*This regime will indicate the user's tolerance level, determine skin sensitivity and maximum dosage of each treatment.

*Dosage is determined by user's maximum tolerance. The maximum tolerable dosage is suggested for each treatment.

Day 1 = 1 Hour maximum
Day 2 = 2 Hour maximum
Day 3 = 3 Hour maximum
Day 4 = 4 Hour maximum
Day 5+ = 4 Hour maximum

Proper Placement

When using one applicator, place the applicator close to the injured site.
The second applicator should be placed as close as possible without overlapping the coupling bandages.

	ACUTE TENDONITIS					CHRONIC TENDONOPATHY	
	Achilles	Lateral or Medial Epicondylitis	Patellar	Shoulder	Calcific Tendonitis	Post-Operative (Partial/Full Thickness Tear or Debridement)	Tendonosis
Number of **sam**® Applicators	1	1	1	2	2	1 or 2 (depending on size of treatment area)	
Treatment duration in weeks (use 4x or more per week)	4 – 6				6 – 8	2 – 4	6 – 12
Post-Symptomatic Resolution (# of weeks)*	1	2	1	2	2	2	2

*Recommended treatment period following resolution of pain related symptoms.

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